Goal Mapping

Process Goal: sub-goal that will help me achieve the outcome goal
Actions & Tasks: actions to take to achieve the process goal

Outcome Goal (Long-Range)

Importance of Achieving This Goal

Process Goal #1

Process Goal #2

Process Goal #3

Actions & Tasks
1. ____________________
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   ____________________

2. ____________________
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3. ____________________
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Actions & Tasks
1. ____________________
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Actions & Tasks
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